

HOW TO GET A  
**DATE**  
KEEP A  
**& WIFE**  
BY ANDREW FORREST

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*“In 1985, men ages 20-24 had an average right-handed grip of 121 pounds and left-handed grip of 105 pounds. Today, men that age had grips of only 101 and 99 pounds, the study found. Men 25-29 posted losses of 26 and 19 pounds.” (NPR)*

## THE PROBLEM UNDER ALL OUR PROBLEMS

The man said, “The woman you put here with me—she gave me some fruit from the tree, and I ate it.”

GENESIS 3:12

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## THE HARD TRUTH

There is a temptation toward passivity in the heart of every man.

The opposite of passivity is \_\_\_\_\_ .

To be a man is to be open to the responsibility of being a husband and father.

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## HOW TO GET A DATE

Nice guys finish last, because being nice isn't \_\_\_\_\_ :

Women are looking for husbands and fathers who can \_\_\_\_\_

and \_\_\_\_\_ .

(Remember, the key to our identities as men or women is found in our bodies.)

In other words, women are looking for \_\_\_\_\_ .

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## HOW MARRIAGES FAIL

A husband who eschews responsibility at home will see either of the following outcomes over time (and very possibly both):

1. A stress-filled, chaotic household;
2. A divorce or dead marriage.

# HOW TO KEEP (OR REGAIN!) A WIFE

~~Marriage takes work.~~

Marriage takes \_\_\_\_\_.

1. Take responsibility.
2. Earn her \_\_\_\_\_.

(Contempt is what kills marriages.)

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## TWO AREAS ON WHICH EVERY MAN SHOULD FOCUS

1. \_\_\_\_\_.
2. \_\_\_\_\_.

